



SUTAB (Tablet) PREPARATION

Azzam Muftah, MD. Rami Abboud, MD. Abdullah Muftah, MD

15205 Cortez Blvd. Brooksville, FL. 34613

Procedure date _____	Arrival time _____	Doctor's office phone (352) 597-7744 Option #2
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We will send the prescription to your pharmacy and they will call when it is ready

1. Taking Your Prep (Split Dose)

Dose 1 — The Day Before _____

- Open the first bottle of 12 tablets and remove and discard the desiccant packet. Also remove and discard the desiccant from the second bottle, then close it — you'll use it for Dose 2 tomorrow.

Starting at **4 PM**, fill the provided container with 16 oz of water. Swallow 1 tablet every 1–2 minutes with a sip of water — finish all 12 tablets and the entire 16 oz within 20 minutes.

- About 1 hour after your last tablet, fill the container with a second 16 oz of water and drink it over 30 minutes.
- About 30 minutes after that, fill the container with a third 16 oz of water and drink it over 30 minutes. Chilling the water or sipping through a straw can help with the taste.

Dose 2 — The Morning Of

Wake up at _____ **AM** — this should be 6 hours before your procedure, and at least 4 hours after you started Dose 1.

- Open the second bottle and repeat the same steps: swallow the 12 tablets, 1 every 1–2 minutes, with the first 16 oz of water — finishing within 20 minutes.

- Then drink two more 16 oz containers of water — one about 1 hour after your last tablet (over 30 minutes), and another about 30 minutes after that (over 30 minutes).

Finish all tablets and water, and stop all liquids, at least **3 hours** before your procedure.

Helpful Tips

- **Do NOT** chew the tablets — swallow each one whole with a sip of water.
- Feeling nauseated, bloated, or crampy? Pause or slow down, then keep going.
- Don't take other oral medicines within 1 hour of starting either dose.

2. Blood Thinners

Do not stop any blood thinner on your own.

Medication	What To Do
Aspirin (81 or 325 mg)	Heart, stent, or stroke prevention: keep taking it.
Clopidogrel (Plavix)	STOP 5 days before • Stent in last 12 months: don't stop without your cardiologist.
Prasugrel (Effient)	Stop 7 days before. • Recent stent: don't stop without your cardiologist's approval.
Ticagrelor (Brilinta)	Stop 5 days before. • Recent stent: don't stop without your cardiologist's approval.
Warfarin (Coumadin)	Diagnostic/biopsy only: may continue. • Polyp removal expected: stop 5 days before (INR may be checked the day before). • Resume evening of/day after unless told otherwise; bridging usually not needed.

Apixaban (Eliquis)	Stop 2 days before
Rivaroxaban (Xarelto)	Stop 2 days before
Dabigatran (Pradaxa)	Stop 2 days before
Enoxaparin (Lovenox) injections	Stop 24 hours before (skip dose the day before). • Resume the day after unless told otherwise.

3. GLP-1 Medications (Weight Loss / Diabetes Injections)

STOP THE DOSE PRIOR TO THE PROCEDURE: semaglutide (Ozempic, Wegovy, Rybelsus), tirzepatide (Mounjaro, Zepbound), dulaglutide (Trulicity), liraglutide (Victoza, Saxenda), exenatide (Byetta, Bydureon)

4. Other Medications

- Diabetes pills (metformin, glipizide, etc.): Stop the medication the day before and the morning of the procedure.
- Insulin: take 1/3 of your insulin the day prior and NO insulin the morning of the procedure.
- DO NOT STOP: blood pressure, heart, anxiety, seizure, or thyroid medications.
- Iron supplements: stop 5–7 days before — iron can make it harder to see inside your colon.

When to Call Your Doctor's Office

Call if:

- You can't keep the prep down or are vomiting repeatedly
- You have severe belly pain or bloating
- You're unsure about stopping/continuing any medication

Questions about your prep? Call our office at (352) 597-7744.